



MENU

16 – 20 MAR 2020

AVAILABLE DAILY

SNACKS

FROZEN YOGHURT strawberry · mango	15
FRESH FRUIT SALAD selection of seasonal fresh fruit	16
FRUIT SKEWERS seasonal fresh fruit served on a skewer	8
VEG & CHEESE FINGERS carrot, cucumber, yellow cheddar	14
RUSKS buttermilk	6
PRETZELS baked & lightly salted	6
DROËWORS beef droëwors	14
CRUNCHIES oats, honey	6
MINI CHEDDARS cheese	10
JUMPIN JACK POPCORN white cheddar	6
MUFFINS bran	10

TOASTED SANDWICHES

CHEESE white cheddar	20
CHEESE & TOMATO white cheddar, tomato	22
CHICKEN MAYO free-range chicken, mayo dressing	25
CHICKEN MAYO & CHEESE free-range chicken, mayo dressing, white cheddar	26
SALAMI & CHEESE beef salami, white cheddar	25

ADD R7 FOR GLUTEN FREE BROWN BREAD

BEVERAGES

COLD

MINERAL WATER 500ml still & sparkling	12
ICED TEA home-made with rooibos, lemon, honey	10
FRUIT JUICE 100% pure	15
MILK fresh full cream	10

HOT

SPECIALITY COFFEE terbodore	20
TEA dilmah rooibos · english breakfast · earl grey	15
HOT CHOCOLATE nomu	20

MEALS OF THE DAY

MONDAY

boerewors roll	25
grilled chicken burger with lettuce, tomato & mayo dressing	34

TUESDAY

chicken wrap with lettuce, tomato, cucumber	33
boerie sub with melted mozzarella	34

WEDNESDAY

chicken mayo croissant	34
traditional beef lasagne	34

THURSDAY

baked crumbed chicken strips with corn on the cob	28
three cheese mac and cheese with crunchy topping	32

FRIDAY

chicken wrap with lettuce, tomato, cucumber	33
cheeseburger with lettuce and tomato	34

ALTHOUGH NO NUTS ARE USED IN ANY OF OUR RECIPES, TRACES THEREOF MAY BE FOUND IN INGREDIENTS WE USE.

COFFEE IS ONLY AVAILABLE TO STAFF & PARENTS.